

COVID-19 Updates

March 22, 2020

At The Therapy Center, your health and well-being is our top priority.

We are taking the challenges of COVID 19 seriously. We plan to keep treating patients to help everyone recover through this period. To keep our patients safe as possible we are:

- 1) Doing extra cleaning of all surfaces including our waiting room, patient rooms, counters and any treatment areas**
- 2) Keeping any employees who exhibit symptoms of COVID 19 at home**
- 3) Continuing our policy of using treatment gowns and pillow cases on treatment tables to a one time use, and washing them after each use**
- 4) Your therapist will use gloves and masks as an extra precaution**
- 5) Our facility is closed to the public**
- 6) Please ask about our Telehealth program**

We respectfully request that our patients:

- 1) Wash your hands prior to entering our facility, use hand sanitizer in our lobby, and before you are taken to a treatment room we will supervise your hand washing per guidelines**
- 2) Reschedule any appointments for the future if you are sick or have a fever**

These are the tips you should follow each day:

- 1) Wash your hands frequently for at least 20 seconds with lathering soap. Alcohol hand sanitizers are a good option as well**
- 2) Cover your mouth or nose with the inside of your elbow for coughing and sneezing**
- 3) Regularly clean high touch objects and surfaces**
- 4) Avoid contact with people who are sick**
- 5) Avoid touching your eyes, nose and mouth**
- 6) Stay home if you are sick**
- 7) Always update your information using the CDC website**

At The Therapy Center, the health of our patients is the cornerstone of why we exist. We look forward to continuing to be a partner in your health and wellness journey and taking steps with our patients to create a healthy and sanitary environment.

The team @ The Therapy Center